



The Flourishing Families Program (FFP)

OVERVIEW

Administered between October 2006 and September 2011, the Flourishing Families Program (FFP) had the goals of improving marriage attitudes and knowledge; helping couples make healthy choices in regards to family formation and partner selection; aiding parents in meeting the developmental needs of their infants; and assisting couples with their financial management skills. Participants who completed the program received a \$100 incentive.

See [*OPRE Report 2012-09 Catalog of Research: Programs for Low-Income Couples \(May 2012\)*](#) for more information.

Focus

Healthy Marriage and Relationship Education

PROGRAM DESCRIPTION

Target Population

Low-income, unmarried couples who were expecting a child or had a child less than three-months-old

Service Delivery Unit

Couples

Curriculum

Together We Can

Dosage

Fifteen hours of workshops over three-six weeks

Setting

Community-based and Faith-based Organizations

Location

Sacramento, CA

Adapted and/or Created for Hispanic Population

Offered in Spanish

Demographics of Population Served

- 35% Hispanic
- 19-25 year old was mode age category at 53%
- 89% engaged and dating exclusively

PROGRAM EVALUATION

Evaluated Population

There were 381 participants for educational outcomes, 366 for employment outcomes, and 335 for income outcomes.

Study Design

- Implementation study
- Post-test with a retrospective pre-test
- The authors did not measure change over time

Outcomes

Co-parenting; Relationship Quality

Results

None reported

Results for Hispanic Subgroups

None reported

Evaluation and Program Contact Info:

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