The Parenting Center

OVERVIEW
Founded in 1975, The Parenting Center (TPC) hosts the Empowering Families Project (EFP), which aims to promote healthy marriage. The program offers marriage and relationship skills training as well as employment services to promote economic stability and self-sufficiency. The target population includes low-income parents and families, those on or at-risk of going on TANF, and refugees living in Tarrant County, TX. The program served 1,118 people in 2013.

See The Parent Center 2013 Annual Report for more information.

Focus
Healthy Marriage and Relationship Education

PROGRAM DESCRIPTION

Target Population
Low-income parents and families, those on or at-risk of going on TANF, and refugees

Service Delivery Unit
Individuals and Couples

Curriculum
Not available

Dosage
Not available

Setting
Community and faith-based organizations

Location
Fort Worth, TX

Adapted and/or Created for Hispanic Population
Available in Spanish

Demographics of Population Served
• 35% Hispanic
PROGRAM EVALUATION

Evaluated Population
Participants in EFP

Study Design
Pre-/post- test

Outcomes
Communication skills; Relationship knowledge; Conflict resolution skills

Results
- Communication skills
  - 89% of participants reported an improvement
- Relationship knowledge
  - 80% of participants reported an improved ability to identify a safe/healthy relationship
- Conflict resolution
  - 92% of participants demonstrated an improvement

Results for Hispanic Subgroups
None reported

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