

The Parenting Center

OVERVIEW

Founded in 1975, The Parenting Center (TPC) hosts the Empowering Families Project (EFP), which aims to promote healthy marriage. The program offers marriage and relationship skills training as well as employment services to promote economic stability and self-sufficiency. The target population includes low-income parents and families, those on or at-risk of going on TANF, and refugees living in Tarrant County, TX. The program served 1,118 people in 2013.

See [The Parent Center 2013 Annual Report](#) for more information.

Focus

Healthy Marriage and Relationship Education

PROGRAM DESCRIPTION

Target Population

Low-income parents and families, those on or at-risk of going on TANF, and refugees

Service Delivery Unit

Individuals and Couples

Curriculum

Not available

Dosage

Not available

Setting

Community and faith-based organizations

Location

Fort Worth, TX

Adapted and/or Created for Hispanic Population

Available in Spanish

Demographics of Population Served

- 35% Hispanic

PROGRAM EVALUATION

Evaluated Population

Participants in EFP

Study Design

Pre-/post- test

Outcomes

Communication skills; Relationship knowledge; Conflict resolution skills

Results

- *Communication skills*
 - 89% of participants reported an improvement
- *Relationship knowledge*
 - 80% of participants reported an improved ability to identify a safe/healthy relationship
- *Conflict resolution*
 - 92% of participants demonstrated an improvement

Results for Hispanic Subgroups

None reported

Evaluation and Program Contact Info:

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