One Quarter of Hispanic Children in the United States Have an Unauthorized Immigrant Parent
Wyatt Clarke, Kimberly Turner, and Lina Guzman

Overview

Today, 18 million Hispanic children live in the United States, and they account for one quarter of all children. An overwhelming majority (94 percent) of Latino children were born in the United States. However, that is not the case for their parents. In fact, about half of Latino children have at least one parent who was born in another country, some of whom are not authorized to live in the United States. As the nation continues to engage in crucial discourse over the future of immigration policy, it is important to acknowledge the extent to which these policies will affect the well-being of the vast number of children whose parents may be at risk of deportation.

In this brief, we draw on publicly available information from several data sources to estimate the proportion of U.S. Latino children who have at least one parent who is an unauthorized immigrant. Our conclusion: about one quarter—25 to 28 percent—of all Latino children in the United States have an unauthorized immigrant parent. This translates to more than 4 million Hispanic children—a finding consistent across each data source and the three different approaches we used to create the estimate. In short, about 1 in 4 of America’s Hispanic children are at risk for experiencing the stresses associated with having a parent who is an unauthorized immigrant. (Throughout this brief, we use the term unauthorized immigrant parents to describe parents who lack legal status to live in the country.)

Why focus on Latino children in our estimate of children with an unauthorized immigrant parent? Two reasons stand out:

• First, although immigration from Latin America (especially from Mexico) has declined substantially in recent years, the majority of unauthorized immigrants living in the United States come from Latin American countries. This means that any changes in immigration policies and enforcement will have a disproportionate impact on the Latino community.

• Second, Hispanics are the largest and one of the fastest-growing racial/ethnic minority groups among children in the United States. They also represent a growing segment of the nation’s future workforce. If present trends continue, by 2060 nearly one third of the nation’s workforce will be Latino. How Latino children fare will be critical to our nation’s social and economic development.

One quarter of Hispanic children have a parent who is an unauthorized immigrant. This holds true when using different data sources and different approaches to estimating the number.

These more than 4 million Latino children face threats to their well-being.

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a We use the terms Hispanic and Latino interchangeably, except when referring to information derived from federal data sources that use the term Hispanic.
b Latin America includes Central America, South America, and the Caribbean.
Why the number matters

Latino children with immigrant parents—even those who are unauthorized immigrants—have many strengths. For example, Hispanic children with one or more immigrant parent, including those who are poor, are more likely than Latino children with only U.S.-born parents to be in a two-parent family with at least one working adult. Additionally, recent estimates indicate that 72 percent of the unauthorized immigrant population is in the labor force, meaning there is often an employed adult in the household. These family structures promote healthy child development and adult well-being.

Still, research suggests that the challenges associated with having an unauthorized immigrant parent are linked to a wide range of adverse developmental and educational experiences, primarily brought about by poverty. Children living with unauthorized immigrant parents are disproportionately poor. About three quarters have families with incomes that fall at or near poverty. Out of fear of drawing attention to their immigration status, their parents may not access public assistance programs designed to meet the needs of vulnerable children.

Research also tells us that safe, secure, and stable attachments to parents and caregivers are critical for children’s healthy development. Children with an unauthorized immigrant parent, who face the possibility of separation from their parents, are at risk of experiencing stress and anxiety based on that fear or reality. This kind of uncertainty, stress, and trauma can threaten children’s well-being, affecting their brain development, physical health, and more. Additionally, should large numbers of parents be deported, states may be faced with placing their children in foster care, a public system that in most states is already overextended.

Children with at least one unauthorized immigrant parent may also be at risk of experiencing cognitive delays, struggles in school, and depression or anxiety. Despite these challenges, prospects for children with an unauthorized immigrant parent may still be better than they would have been if their parents had never come to the United States. Many unauthorized parents come from countries with social upheaval or economic distress.

Getting to the number

Methodology

Here are details about the three approaches and multiple sources we used to uncover the proportion of Hispanic children who have an unauthorized immigrant parent. We used several approaches and sources in order to confer confidence in the estimate, which we found to be consistent across all approaches.

Approach 1: Combining estimates from the Pew Research Center and the Current Population Survey

Our first approach builds upon existing estimates from the Pew Research Center. Specifically, Pew Research Center estimated that overall, 5.5 million children under the age of 18 in the United States in 2010 had an unauthorized immigrant parent. Of these children, 87 percent had parents who were born in Latin America. Taken together, these two estimates (i.e., 5.5 million * .87) indicate that 4.8 million Hispanic children had a parent who was an unauthorized immigrant in 2010.

According to the 2010 Current Population Survey (CPS), there were 17.1 million Hispanic children under age 18 in the United States in 2010. Dividing the number of Hispanic children with a parent who was an unauthorized immigrant by the overall number of Hispanic children (4.8 million/17.1 million) indicates that approximately 28 percent of all Hispanic children in the United States had an unauthorized immigrant parent in 2010.

Approach 2: Linking information from the Department of Homeland Security and the American Community Survey

Our second approach links statistical information derived from a Department of Homeland Security (DHS) report and from the American Community Survey (ACS). According to the DHS report, 9.6 million unauthorized immigrants from Latin America lived in the United States in 2012. ACS estimates indicate that 21.3 million Latin American immigrants lived in the nation that same year. Together, these numbers suggest that 45 percent of Latin American immigrants (9.6 million /21.3 million) were unauthorized in 2012.

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6 This method of comparing DHS and Census estimates is adapted from Massey (2015). DHS reported that 8.9 million people born in North America and 0.7 million people born in South America were unauthorized immigrants in the United States. Unauthorized Canadian immigrants were included, but comprised 1 percent of the unauthorized immigrant population in the United States.
Using the 2012 ACS, we estimated that approximately 55 percent of Hispanic children living in the nation in 2012 had at least one immigrant parent. The proportion of Hispanic immigrants who are unauthorized and the proportion of Hispanic children with immigrant parents are related, but not directly comparable. However, if we make some assumptions about the family formation patterns and ethnic classification of immigrants, this information provides insight into the prevalence of Hispanic children with an unauthorized parent. We applied the following assumptions to calculate a conservative estimate:

- Unauthorized immigrants have the same number of children per person as do other immigrants. if unauthorized immigrants have higher rates of childbearing, in general, than others, the proportion of Hispanic children with an unauthorized immigrant parent will be higher. Thus, we have applied the most conservative assumption to derive this estimate.
- Unauthorized immigrants from Latin America only have children with unauthorized immigrants from Latin America.
- Children of immigrants are counted by the Census as Hispanic if and only if their parents come from Latin America.

These assumptions imply a 1-to-1 correspondence between the proportion of immigrants from Latin America who were unauthorized and the proportion of Hispanic children of immigrants who had an unauthorized parent. Given these assumptions, along with estimates of the proportion of Hispanic immigrants who were unauthorized (45 percent) and the proportion of Hispanic children with an immigrant parent (55 percent), we found that 25 percent of Hispanic children had an unauthorized immigrant parent in 2012, translating to roughly 4.3 million Hispanic children (.25 * 17.5 million, the number of Hispanic children estimated in the ACS in 2012).

We tailored this same approach to focus on U.S.-born Hispanic children, as well as to provide country-of-heritage-specific estimates. Using the 2012 ACS, we found that 52 percent of U.S.-born Hispanic children had an immigrant parent—compared with 55 percent for all Hispanic children. Again, in 2012, 45 percent of Latin American immigrants were unauthorized. Together, this information suggests that 23 percent (.52 x .45) of U.S.-born Hispanic children had a parent who was an unauthorized immigrant in 2012.

Most unauthorized immigrants from Latin America come from Mexico, El Salvador, Guatemala, Honduras, and Ecuador. Douglas Massey, a leading expert on immigration flows from Latin America to the United States, estimated that 56 percent of immigrants from these five countries were unauthorized in 2010. By matching this estimate with 2010 population estimates of the percentage of Hispanic children with heritage in these five countries who had an immigrant parent (see Table 1), we found that 34 percent (.56 x .60) of children with heritage in any of these five countries had a parent who was an unauthorized immigrant in 2010. Roughly 1 in 3 children of Mexican and Ecuadorian heritage, 2 in 5 children of Salvadoran and Guatemalan heritage, and more than half of children of Honduran heritage had an unauthorized immigrant parent in 2010.

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<td>Mexico</td>
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<td>Ecuador</td>
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<td>Average of all 5 countries</td>
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Approach 3: Extrapolating from the Survey of Income and Program Participation

Our third approach to estimating the proportion of Hispanic children in the U.S. who have an unauthorized immigrant parent or parents is based on data from the 2008 Survey of Income and Program Participation (SIPP). The SIPP is the only federal nationally representative survey that directly asks people about their immigration status. Although respondents are not asked whether they...
are unauthorized immigrants, the information provided can be used to identify Hispanic parents who seem likely to fit this category. The SIPP links adults to children who live with them, which enables one to estimate the share of Hispanic children who live with an unauthorized immigrant parent.

SIPP respondents were asked whether they were U.S. citizens or permanent residents (“green card holders”). Respondents were classified as unauthorized immigrants if they declined to identify as citizens or permanent residents and if they lacked other indicators that suggest authorized status, such as being a government employee or participating in public programs.51,52

Applying appropriate survey weights, we estimated that 8.6 percent of all adult immigrants were unauthorized immigrants from Latin America.53 We also estimated that these unauthorized Hispanic immigrants were parents of 10 percent of all children in the SIPP sample. It is important to note that both estimates (i.e., that of parents and that of children) may be low, since unauthorized immigrant status is based on what respondents said about themselves on a sensitive topic. However, the ratio between the two estimates is meaningful. If the birth rates among SIPP respondents are comparable to those of the population more broadly, we can scale up this ratio to approximate the proportion of Hispanic children with an unauthorized immigrant parent.

DHS and the Pew Research Center estimated that 9.6 million unauthorized immigrants of Latin American heritage lived in the United States in 2008, accounting for 24.2 percent of all immigrants.10,54 This ratio of unauthorized Latin American immigrants to all immigrants was 2.8 times that estimated using the SIPP (24.2 percent/8.6 percent). In the same way, the share of Hispanic children with an unauthorized immigrant parent was 2.8 times larger than what was found in the SIPP (2.8 * 10 percent). From this, we estimated that 28 percent of Hispanic children had an unauthorized immigrant parent in 2008.7

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\frac{(8.6\%)/(10.0\%)}{?=28.0\%}
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Methodological concerns

It is important to note some limitations to the approaches used in this analysis:

• First, all three approaches use published DHS and Pew Research Center estimates of the number of unauthorized immigrants living in the United States.4,5,10 Both entities used the same underlying method4 to arrive at an estimate of the size of the unauthorized population. The DHS and Pew Research Center reports consistently found a population of 11 to 12 million unauthorized immigrants.

• Second, although the three approaches use distinct Census surveys (CPS, ACS, and SIPP), these surveys used the same Census Bureau sampling frame. Thus, these surveys share limitations to sampling the unauthorized population.

• Third, given the lack of direct data on the legal status of residents in the country and the difficulty associated with collecting such data, we rely heavily on assumptions. The degree to which our assumptions are incorrect will affect our estimates. However, we believe that the assumptions are conservative, reasonable, and supported by existing research.

• Fourth, we cannot assign statistical error margins to our estimates because they are based on composites of published estimates that do not all report error margins. The consistency of the different estimates, however, provides some reassurance about the precision of the underlying techniques.

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51,52 A multiple imputation approach, which takes into account other characteristics of unauthorized immigrants, yields a similar estimate: 28.6 percent (available upon request).53

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Conclusion

Approximately 1 in 4 U.S. Latino children have a parent who is an unauthorized immigrant, a finding that is striking in its consistency across data sources and methods. This means that there are more than 4 million Latino children in the United States who are at risk of experiencing parental separation and the stress and fear associated with their family’s uncertain legal status.

We also found that the likelihood of a Latino child having an unauthorized immigrant parent varies by country of heritage, suggesting varying levels of risk to children’s well-being. In 2010—the most recent year data are available by county of heritage—the proportion of Latino children with a parent who was an unauthorized immigrant parent ranged from 1 in 3 among children with Mexican heritage to roughly 1 in 2 among children with Honduran roots. These patterns reflect our nation’s immigration history as well as the factors that have shaped migration from specific countries.55,56 For example, while there is a long history of Mexican migration to the United States, significant levels of migration from Central American countries are more recent and driven by civil war, violence, and dire economic conditions.43,57

As our nation continues the important discourse about how to move forward on immigration policy, it is critical that we acknowledge the extent to which Latino children are disproportionately affected by these policies, and the potential impact of various policy alternatives on their short- and long-term well-being. This will matter not only for Latino children’s well-being, but also for the social and economic well-being of our nation.
References


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About the Center

The National Research Center on Hispanic Children & Families is a hub of research to help programs and policy better serve low-income Hispanics across three priority areas—poverty reduction and economic self-sufficiency, healthy marriage and responsible fatherhood, and early care and education. The Center was established in 2013 by a five-year cooperative agreement from the Office of Planning, Research, and Evaluation (OPRE) within the Administration for Children and Families (ACF) in the U.S. Department of Health and Human Services (HHS) to Child Trends in partnership with Abt Associates and New York University, University of North Carolina at Greensboro, and University of Maryland, College Park. This publication was made possible by Grant Number 90PH0025 from OPRE. Its contents are solely the responsibility of the authors and do not necessarily represent the official views of OPRE, ACF, or HHS.

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