



Hispanic Active Relationship Project (HARP)

OVERVIEW

Founded in 1999, HARP is a non-profit that strives to strengthen existing marriages; prepare those considering marriage; and help those who are not married and who have children together establish stable co-parenting relationships for their children. In addition, HARP educates high school students to make healthy choices for their future with important conflict resolution, emotion management, and vital communication skills for healthy relationships. HARP aims to provide services and resources that are culturally competent and community-supported. HARP uses a multi-dimensional delivery system for healthy relationship and life-skills education for geographically diverse populations from adolescents to mature individuals. The program seeks to improve marital satisfaction, communication, money management, and decrease relationship aggression.

See [*Emerging Findings from the Office of Family Assistance Healthy Marriage and Responsible Fatherhood Grant Programs: A Review of Select Grantee Profiles and Promising Results*](#) and [*OPRE Report 2012-09 Catalog of Research: Programs for Low Income Couples*](#) for more information.

Focus

Healthy Marriage and Relationships Education

PROGRAM DESCRIPTION

Target Population

Hispanics; married couples, engaged or dating (pre-marital) couples, unmarried individuals, and youth

Service Delivery Unit

Couples and Individuals

Curriculum

[Active Relationships Center curricula](#); varied by population

Dosage

The workshops ranged from 8 to 16 hours

Setting

Active Relationships Center (ARC), schools, and/or parental involvement group settings

Location

Cameron County, TX

Adapted and/or Created for Hispanic Population

Offered in English and Spanish, created for a low-income Hispanic population



Demographics of Population Served

Low income Hispanic females (50.9-86.7%) and males (20.3-49.1%)

PROGRAM EVALUATION

Evaluated Population

- The population included workshop attendees who completed pre- and post-tests.
- The sample sized ranged from 87 to 904 participants and was drawn from at least 137 workshops.
- Between 89.7 and 98.3 percent of the sample was Hispanic.

Study Design

- Pre-/post-test, no control group, follow-up immediately following completion of intervention

Outcomes

Relationship status and quality

Results

- Participants who attended the Active Communication, Money Personalities, and Romance and Intimacy workshops showed improvements in five measures of relationship status and quality.
- Participants who attended the Active Relationships for Young Adults workshops showed improvements on 17 measures about relationship knowledge and attitudes.
- Participants who attended the Active Adults workshops showed improvements on 19 of the 20 items about relationship knowledge and attitudes.
- Participants who attended the Active Choices workshops showed improvements on 9 of the 20 items about relationship knowledge and attitudes.

Results for Hispanic Subgroups

None reported

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